

## *Valley Early Learning Center (VELC)*

	3/16/2020	3/17/2020	3/18/2020	3/19/2020	3/20/2020
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WGR Multi-Grain Oat Cereal Mixed Fruit Milk*	WGR Biscuits & Navy Bean & Meat Gravy Orange Slices Milk*	WGR Oatmeal Muffins Apple Slices Milk*	Scrambled Eggs WGR Toast Apple Slices Milk*	WGR Oatmeal Swirlers Bananas Milk*
Lunch	Peanut Butter WGR Sandwich Carrots Oranges Milk*	Tuna Noodle Casserole w/Peas & Carrots Cauliflower Milk*	Chili Con Carne w/Beans Crackers Peas Carrots Corn Milk*	WGR Brown Rice & Black Bean Casserole w/Salsa Corn Green Beans Milk*	Peanut Butter and Jelly WGR Sandwich Carrots Corn Milk*
Snack	WGR Goldfish Crackers Mixed fruit Water	HM Hummus Tortilla Chips Water	Pretzels Pears Water	Chees Sticks Peaches Water	Beans Dip Tortilla Chips Water
<i>*1 year old children are served whole milk, and children over age 2 are served fat free milk.</i>					

	3/23/2020	3/24/2020	3/25/2020	3/26/2020	3/27/2020
WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WGR Oatmeal Muffins Apple Slices Milk*	French Toast Egg Bake Orange Slices Milk*	WGR Rice Cereal Peaches Milk*	WGR Bagels w/Peanut Butter Bananas Milk*	WGR Oatmeal Apple Slices Milk*
Lunch	HM Mashed Potatoes w/White Beans and Cheese Peas & Carrots Crackers Milk*	Egg Salad WGR Sandwich Green Beans Orange Slices Milk*	Chili Con Carne w/Beans Crackers Peas Carrots Corn Milk*	WGR Macaroni Goulash w/Kidney Beans, Cheese, & Corn Mixed Veggies Milk*	Bean Soup WGR Roll Green Beans Orange Slices Milk*
Snack	Rice Cakes Cuties Water	Bean Dip Tortillas Chips Water	Yogurt Apple Slices Water	Hardboiled Eggs Carrots Water	Baked Snack Crackers Mixed fruit Water
<i>*1 year old children are served whole milk, and children over age 2 are served fat free milk.</i>					

***"VELC is an equal opportunity provider"***