

Valley Early Learning Center (VELC)

	11/11/2019	11/12/2019	11/13/2019	11/14/2019	11/15/2019
WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	No School Veteran's Day	WGR Oatmeal Orange Slices Milk*	WGR Multi-Grain Oat Cereal Bananas Milk*	WGR Biscuits & Navy Bean & Meat Gravy Orange Slices Milk*	Scrambled Eggs WGR Toast Apple Slices Milk*
Lunch		HM WGR Mac and Cheese w/Cauliflower Peas & Carrots Milk*	Chicken Stir Fry w/Stir Fry Veggies WGR Brown Rice Green Beans Milk*	Taco Soup w/Ground Beef, Beans & Corn Mixed Veggies Tortillas Chips Milk*	Peanut Butter and Jelly WGR Sandwich Green Beans Corn Milk*
Snack		WGR Goldfish Crackers Mixed fruit Water	Peanut Butter/ Applesauce Dip Apples Slices	Pretzels Pears Water	HM Hummus Tortilla Chips Water
<i>*1 year old children are served whole milk, and children over age 2 are served fat free milk.</i>					

	11/18/2019	11/19/2019	11/20/2019	11/21/2019	11/22/2019
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WGR Oatmeal Muffins Apple Slices Milk*	French Toast Egg Bake Orange Slices Milk*	WGR Rice Cereal Peaches Milk*	WGR Bagels w/Peanut Butter Bananas Milk*	WGR Oatmeal Swirlers Apple Slices Milk*
Lunch	Tomato Soup Grilled Cheese WGR Sandwich Cucumbers w/Ranch Cheese Sticks Milk*	WGR Chicken Taquitos w/Black Beans & Corn Green Beans Milk*	WGR English Muffin Pizza w/Pepperoni & Cheese Cucumbers Carrots w/Ranch Milk*	Rainbow Bake WGR Macaroni w/Kidney Beans, Mixed Veggies, & Cheese Cauliflower Milk*	Tuna Fish WGR Sandwich Peas & Carrots Peaches Milk*
Snack	Bean Dip Tortillas Chips Water	Rice Cakes Cuties Water	Yogurt Apple Slices Water	Hardboiled Eggs Carrots Water	Baked Snack Crackers Mixed fruit Water
<i>*1 year old children are served whole milk, and children over age 2 are served fat free milk.</i>					

"VELC is an equal opportunity provider"