



## Valley Early Learning Center (VELC)

	11/22/2021	11/23/2021	11/24/2021	11/25/2021	11/26/2021
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WGR Oatmeal Muffins Orange Slices Milk*	WGR Biscuits & Navy Bean & Meat Gravy Apple Slices Milk*			
Lunch	WGR Macaroni Goulash w/Kidney Beans, Cheese, & Corn Mixed Veggies Milk*	Turkey & Cheese WGR Sandwich Carrots Orange Slices Cheese Stick Milk*	Closed for Thanksgiving Break	Closed for Thanksgiving Break	Closed for Thanksgiving Break
Snack	Yogurt Diced Apple Water	Pretzels Pears Water			
<i>*1 year old children are served whole milk, and children over age 2 are served fat free milk.</i>					

	11/29/2021	11/30/2021	12/1/2021	12/2/2021	12/3/2021
WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WGR Oatmeal Muffins Apple Slices Milk*	Pancakes Applesauce Milk*	WGR Rice Cereal Oranges Milk*	WGR Bagels w/Cream Cheese Bananas Milk*	WGR Oatmeal Apple Slices Milk*
Lunch	HM Mashed Potatoes w/White Beans and Cheese Peas & Carrots Crackers Milk*	WGR Spaghetti Cheese bake w/Meat Sauce Mixed Veggies Green Beans Cheese Stick Milk*	Tuna WGR Sandwich Cauliflower Carrots w/Ranch Cheese Stick Milk*	Chili Con Carne w/Corn Orange Slices Corn Chips Milk*	WGR English Muffin Pizza Carrots w/Ranch Broccoli Milk*
Snack	Cottage Cheese Peaches Water	Pretzels Pineapples Water	Rice Cakes Cuties Water	Baked Snack Crackers Mixed fruit Water	HM Hummus Tortilla Chips Water
<i>*1 year old children are served whole milk, and children over age 2 are served fat free milk.</i>					

***"VELC is an equal opportunity provider"***