

Valley Early Learning Center (VELC)

	4/12/2021	4/13/2021	4/14/2021	4/15/2021	4/16/2021
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WGR Oatmeal Muffins Apple Slices Milk*	WGR Biscuits & Navy Bean & Meat Gravy Orange Slices Milk*	WGR Multi-Grain Oat Cereal Bananas Milk*	Scrambled Eggs WGR Biscuits Apple Slices Milk*	WGR Oatmeal Swirlers Orange Slices Milk*
Lunch	Chicken WGR Noodle Soup w/Peas & Carrots Cauliflower Milk*	WGR Spaghetti Cheese bake w/Meat Sauce Mixed Veggies Broccoli Cheese Stick Milk*	Turkey & Cheese WGR Sandwich Carrots Orange Slices Milk*	WGR Brown Rice & Black Bean Casserole w/Salsa Corn Green Beans Milk*	Peanut Butter and Jelly WGR Sandwich Carrots Corn Milk*
Snack	WGR Goldfish Crackers Mixed fruit Water	Pretzels Pears Water	Cheese Stick Peaches Water	Yogurt Diced Apple Water	HM Hummus Tortilla Chips Water
<i>*1 year old children are served whole milk, and children over age 2 are served fat free milk.</i>					

	4/19/2021	4/20/2021	4/21/2021	4/22/2021	4/23/2021
WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WGR Oatmeal Muffins Apple Slices Milk*	Pancakes Applesauce Milk*	WGR Rice Cereal Oranges Milk*	WGR Bagels w/Cream Cheese Bananas Milk*	WGR Oatmeal Apple Slices Milk*
Lunch	HM Mashed Potatoes w/White Beans and Cheese Peas & Carrots Crackers Milk*	WGR Macaroni Goulash w/Kidney Beans, Cheese, & Corn Mixed Veggies Milk*	Tuna WGR Muffin Melt Green Beans Cucumbers w/Ranch Milk*	Bean & Cheese WGR Burritos w/Salsa Broccoli Orange Slices Milk*	Bean Soup WGR Roll Green Beans Orange Slices Milk*
Snack	Rice Cakes Cuties Water	Pretzels Pears Water	Baked Snack Crackers Mixed fruit Water	Yogurt Diced Apple Water	Bean Dip Tortillas Chips Water
<i>*1 year old children are served whole milk, and children over age 2 are served fat free milk.</i>					

"VELC is an equal opportunity provider"