

## *Valley Early Learning Center (VELC)*

	1/4/2021	1/5/2021	1/6/2021	1/7/2021	1/8/2021
WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WGR Multi-Grain Oat Cereal Bananas Milk*	WGR Oatmeal Muffins Apple Slices Milk*	WGR Biscuits & Navy Bean & Meat Gravy Orange Slices Milk*	Scrambled Eggs WGR Biscuits Apple Slices Milk*	WGR Oatmeal Swirlers Orange Slices Milk*
Lunch	Chicken Stir Fry w/Stir Fry Veggies WGR Brown Rice Green Beans Milk*	Taco Soup w/Ground Beef, Beans & Corn Mixed Veggies Tortillas Chips Milk*	Peanut Butter WGR Sandwich Carrots Apple Slices Milk*	HM WGR Mac and Cheese w/Cauliflower Peas & Carrots Milk*	Bean Soup WGR Roll Green Beans Orange Slices Milk*
Snack	WGR Goldfish Crackers Mixed fruit Water	Cheese Stick Peaches Water	Yogurt Diced Apple Water	Pretzels Pears Water	HM Hummus Tortilla Chips Water
<i>*1 year old children are served whole milk, and children over age 2 are served fat free milk.</i>					

	1/11/2021	1/12/2021	1/13/2021	1/14/2021	1/15/2021
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WGR Oatmeal Muffins Apple Slices Milk*	Pancakes Applesauce Milk*	WGR Rice Cereal Oranges Milk*	WGR Bagels w/Peanut Butter Bananas Milk*	WGR Oatmeal Apple Slices Milk*
Lunch	Tomato Soup Grilled Cheese WGR Sandwich Cucumbers w/Ranch Cheese Sticks Milk*	WGR Spaghetti Cheese bake w/Meat Sauce Mixed Veggies Broccoli Cheese Stick Milk*	Tuna Fish WGR Sandwich Peas & Carrots Peaches Milk*	Rainbow Bake WGR Macaroni w/Kidney Beans, Mixed Veggies, & Cheese Cauliflower Milk*	Tuna Fish WGR Sandwich Peas & Carrots Peaches Milk*
Snack	Bean Dip Tortillas Chips Water	Rice Cakes Cuties Water	Yogurt Apple Slices Water	Baked Snack Crackers Mixed fruit Water	Pretzels Pears Water
<i>*1 year old children are served whole milk, and children over age 2 are served fat free milk.</i>					