

# Valley School District 070

Paideia 9-12 LUNCH  
008 - Paideia High School

Aug 22, 2019

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
		Aug - 28 CHICKEN SANDWICH LETTUCE & TOMATO BAKED BEANS FRESH VEGGIE MARDARIN ORANGE 1% WHITE MILK NON FAT CHOCOLAT	Aug - 29 TERIYAKIE DIPPERS MASHED POTATOES BREAD STICK GREEN BEANS CHILLED FRUIT NON FAT CHOCOLAT 1% WHITE MILK	Aug - 30 SUB SANDWICH TUNA SANDWICH PICKLE SLICES Mayonnaise Packet, P BROCCOLI,raw FRESH VEGGIE FRESH VEGGIE CHILLED FRUIT POTATO CHIPS NON FAT CHOCOLAT 1% WHITE MILK
Sep - 2	Sep - 3 CHEESE CALZONE CALZONE HOT VEGGIE Mini Peppers FRESH VEGGIE CHILLED FRUIT 1% WHITE MILK NON FAT CHOCOLAT	Sep - 4 HAMBURGER PICKLE SLICES Mayonnaise Packet, P KETCHUP BROCCOLI,raw FRESH VEGGIE OVEN FRIES FRUIT NON FAT CHOCOLAT 1% WHITE MILK	Sep - 5 BEAN & CHEESE BU SALSA MOZZARELLA STRIN FRESH VEGGIE MIXED VEGETABLES DICED PEACHES NACHO NON FAT CHOCOLAT 1% WHITE MILK	Sep - 6 HOAGIE SANDWICH Tuna, Sandwich LETTUCE & TOMATO Mayonnaise Packet, P PICKLE SLICES CHILLED FRUIT POTATO CHIPS COOKIES CHEWY CH NON FAT CHOCOLAT 1% WHITE MILK
Sep - 9 CHEESY GARLIC TO DIPPING SAUCE CUP Romaine Salad Mix RANCH DRESSING BROCCOLI,raw FRESH GRAPES Milk, Nonfat Choc. Dair MILK,1% Lowfat	Sep - 10 MANDARIN ORANGE SAVORY RICE BROCCOLI BROCCOLI,raw FRESH VEGGIE MARDARIN ORANGE 1% WHITE MILK NON FAT CHOCOLAT	Sep - 11 CHICKEN SANDWICH LETTUCE & TOMATO CHEESE STICKS Potaotes KETCHUP INDIVIDUAL BBQ SAU Mayonnaise Packet, P PICKLE SLICES Mini Peppers CUCUMBER,RAW COOL MIXED FRUIT 1% WHITE MILK NON FAT CHOCOLAT	Sep - 12 FAJITA CHICKEN WR SALSA SOUR CREAM BAKED BEANS FRESH VEGGIE FRESH VEGGIE CHILLED FRUIT TORTILLA CHIPS NON FAT CHOCOLAT 1% WHITE MILK	Sep - 13 HOAGIE SANDWICH Tuna, Sandwich Mayonnaise Packet, P PICKLE SLICES FRESH VEGGIE DICED PEARS POTATO CHIPS COOKIES CHEWY CH NON FAT CHOCOLAT 1% WHITE MILK
Sep - 16 PEPPERONI PIZZA CHEESE PIZZA Romaine Salad Mix RANCH DRESSING TOMATOES,FRESH,R CUCUMBER,RAW CHILLED FRUIT NON FAT CHOCOLAT 1% WHITE MILK	Sep - 17 TERIYAKIE DIPPERS MASHED POTATOES BREAD STICK GREEN BEANS CHILLED FRUIT HONEY RSTD SUNFL NON FAT CHOCOLAT 1% WHITE MILK	Sep - 18 BBQ BEEF RIB SAND BAKED BEANS CHEESE STICKS SUN CHIPS, HARVES Mini Peppers FRESH VEGGIE DICED PEARS 1% WHITE MILK NON FAT CHOCOLAT	Sep - 19 CHICKEN FETTUCINI BREAD BROCCOLI SLIMEY ROOTS CHILLED FRUIT 1% WHITE MILK NON FAT CHOCOLAT	Sep - 20 HOAGIE SANDWICH Tuna, Sandwich Mayonnaise Packet, P PICKLE SLICES FRESH VEGGIE FRESH VEGGIE POTATO CHIPS COOKIES CHEWY CH PLANTANOS NON FAT CHOCOLAT 1% WHITE MILK

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Valley School District 070

Paideia 9-12 LUNCH  
008 - Paideia High School

Aug 22, 2019

Page 2

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 23  	Sep - 24  LASAGNA ROLL UP BREAD Romaine Salad Mix RANCH DRESSING C TOMATOES,FRESH,R CUCUMBER,RAW APPLESAUCE HONEY RSTD SUNFL 1% WHITE MILK MILK NONFAT CHOC.	Sep - 25  WHOLE GRAIN CHIX KETCHUP INDIVIDUAL BBQ SAU MASHED POTATOES BREAD STICK Mini Peppers HOT VEGGIE MANDARIN ORANGE NON FAT CHOCOLAT 1% WHITE MILK	Sep - 26  BEAN & CHEESE BU SALSA MOZZARELLA STRIN Mini Peppers FRESH VEGGIE MIXED VEGETABLES CHILLED FRUIT NON FAT CHOCOLAT 1% WHITE MILK	Sep - 27  HOAGIE SANDWICH Tuna, Sandwich Mayonnaise Packet, P PICKLE SLICES BROCCOLI,raw FRESH VEGGIE CHILLED FRUIT POTATO CHIPS CHOC. CHIP COOKI NON FAT CHOCOLAT 1% WHITE MILK
Sep - 30  SOUP TOMATO GRILLED CHEESE ST CRACKERS CELERY STICKS FRESH VEGGIE DICED PEARS HONEY RSTD SUNFL 1% WHITE MILK NON FAT CHOCOLAT				

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.