

# JANUARY 2023

Valley K-12

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Happy New Year</b> <b>Welcome Back!</b> 2	Breakfast Bar & Cereal <b>First Day of School</b> Cheesy Bread & Marinara 3	Mini Waffles & Cereal 4	Cinnamon Roll & Yogurt 5	Breakfast Pizza 6 Bean & Cheese Burrito
Muffin & Yogurt 9 Pizza & Corn	Bagel & Cream Cheese 10 Hamburger or Hot Dog & Fries	Pancake on A Stick 11 Chili & Cornbread Muffin	Stuffed Bagel & Yogurt 12 Chicken Penne Pasta Salad & Breadstick	<b>Cooks</b> 13 <b>Choice</b>
<b>No School</b> <b>Martin Luther King Jr. Day</b> 16	Mini French Toast 17 Chicken or Fish Sandwich & Tri Tater	Maple Bar & Cereal 18 Lasagna Soup & Roll	Cereal & Yogurt 19 Soft Taco & Chips w/ Salsa	Breakfast Bar & Cereal 20 Chicken Alfredo Pizza & Caesar Salad
Muffin & Yogurt 23 Corn Dog & Baked Beans	Breakfast Pizza 24 Sloppy Joe & Green Beans	Smoothie & Cereal 25 Tomato Soup & Grilled Cheese	Bagel & Cream Cheese 26 KFC Bowl & Roll	Pancake on a Stick 27 Turkey or Tuna Sandwich & Chips
Cereal & Yogurt 30 Nachos & PB & J	Stuffed Bagel 31 Mandarin Chicken Bowl & Egg Roll			