

DECEMBER 2022

Valley K-12

Monday

Tuesday

Wednesday

Thursday

Friday



Yogurt & Cereal

5

Cheesy Bread & Marinara

Yogurt & Cereal

12

PB & J And Nachos



19



26

Cinnamon Roll & Cereal

6

Hamburger or Hot Dog & Fries

Bagel and Cream Cheese

13

Chicken or Fish Sandwich & Tri-Tater



20



27

Muffin & Yogurt

7

Chef Salad & Breadstick

Mini French Toast

14

Mandarin Chicken & Rice



21



28

Pancake on a Stick

1

Chicken Quesadilla & Spanish Rice

Smoothie & Pop Tart

8

Visit With Local Farmers
Beef Stroganoff & Dinner Roll

Breakfast Pizza

15

Christmas Concert 5:30 p.m.
Taco Salad & Corn Muffin



22



29

Stuffed Bagel & Cereal

2

Tomato Soup & Grilled Cheese

Granola & Yogurt

9

Bean & Cheese Burrito

Egg Omelet & Biscuit

16

Lunch W/ Santa
Pizza Rippers & Salad



23



30