

# SEPTEMBER 2022

Valley K-12

Monday

Tuesday

Wednesday

Thursday

Friday



5

Breakfast  
Burrito

6

Cheesy Bread &  
Marinara

Stuffed  
Bagel

7

Hamburger &  
Tri-Tater

Cinnamon  
Roll

1

Taco Salad &  
Corn

Pancake on  
A Stick

2

Turkey or Tuna  
Sandwich

Granola &  
Yogurt

8

Chef Salad &  
Breadstick

Cereal &  
Yogurt

9

Nacho's &  
Sandwich

Breakfast  
Sandwich

12

Lunchable

French  
Toast

13

Hot Dog &  
Baked Beans

Maple  
Bar

14

Teriyaki Chicken  
& Rice

Bagel &  
Cream Cheese

15

Sloppy Joe &  
Green Beans

Cereal &  
Yogurt

16

Bean & Cheese  
Burrito

Breakfast  
Pizza

19

Corn Dog &  
Baked Beans

Egg Patty &  
Sausage Links

20

Chicken Nuggets  
& Mashed Potatoes

Muffin &  
Yogurt

21

Chicken Penne Pasta  
& Green Beans

Pancake on  
A Stick

22

Biscuits &  
Gravy

Cereal &  
Yogurt

23

Pizza Ripper &  
Salad

Oatmeal &  
English Muffin

26

Teriyaki Dippers &  
Mashed Potatoes

Stuffed  
Bagel

27

Tomato Soup &  
Grilled Cheese

Pizza  
Bagel

28

Mac N' Cheese &  
Mini Corndog



29

Cook's Choice

Breakfast  
Burrito

30

Turkey or Tuna  
Sandwich

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