

SEPTEMBER 2021

Valley K-12

Breakfast/Lunch



Monday

Tuesday

Wednesday

Thursday

Friday



Labor Day

6



Granola & Yogurt

7

Cheesy Bread & Marinara

Breakfast Sandwich

8

Hamburger & Fries

Cinnamon Roll & Cereal

9

Tomato Soup & Grilled Cheese

Stuffed Bagel & Yogurt

10

Pizza & Salad

Cereal & Yogurt

13

Nachos & Refried Beans

Pizza Bagel

14

Mandarin Chicken & Rice

Breakfast Burrito

15

Teriyaki Dippers & Taters

Muffin & Yogurt

16

Chicken & Rice Soup & Grilled Cheese

Bagel & Cream Cheese

17

Biscuit & Gravy W/ Tri-tater

Cereal & Yogurt

20

Chicken & Cheese Quesadilla

Mini Pancakes

21

Chicken Sandwich & Tater-tots

Breakfast Bar & Cereal

22

Chicken Penne & Breadstick

French Toast

23

Chef Salad & Roll

Breakfast Pizza

24

Turkey & Cheese Sandwich W/ Chips

Yogurt & Cereal

27

Bean & Cheese Burrito W/ String Cheese

Honey Bun & Cereal

28

BBQ Rib Sandwich W/ Baked Beans

Stuffed Bagel & Yogurt

29

Hot Dog W/ Tri-tater

Muffin & Cereal

30

Chili W/ Cinnamon Roll